

The Redemptive Self Stories Americans Live By Revised And Expanded Edition

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Redeeming Love Francine Rivers 2009-08-04 NATIONAL BESTSELLER • NOW A MAJOR MOTION PICTURE starring Abigail Cowen, Tom Lewis, Nina Dobrev, with Logan Marshall Green and Eric Dane, special appearance by Famke Janssen. Distributed by Universal Pictures with a screenplay by Francine Rivers and D.J. Caruso. California's gold country, 1850. A time when men sold their souls for a bag of gold and women sold their bodies for a place to sleep. Angel expects nothing from men but betrayal. Sold into prostitution as a child, she survives by keeping her hatred alive. And what she hates most are the men who use her, leaving her empty and dead inside. Then she meets Michael Hosea, a man who seeks his Father's heart in everything. Michael obeys God's call to marry Angel and to love her unconditionally. Slowly, day by day, he defies Angel's every bitter expectation, until despite her resistance, her frozen heart begins to thaw. But with her unexpected softening comes overwhelming feelings of unworthiness and fear. And so Angel runs. Back to the darkness, away from her husband's pursuing love, terrified of the truth she no longer can deny: her final healing must come from the One who loves her even more than Michael does . . . the One who will never let her go. A powerful retelling of the story of Gomer and Hosea, *Redeeming Love* is a life-changing story of God's unconditional, redemptive, all-consuming love. Includes a six-part reading group guide!

Pursuing Happiness: Reading American Romance as Political Fiction Laura Vivanco 2016-02-01 The dominance of popular romance in the United States fiction market suggests that its trends and themes may reflect the politics of a significant proportion of the population. *Pursuing Happiness* explores some of the choices, beliefs and assumptions which shape the politics of American Romance novels. In particular, it focuses on what romances reveal about American attitudes towards work, the West, race, gender, community cohesion, ancestral "roots" and a historical connection (or lack of it) to the land.

Identity and Story Dan P. McAdams 2006 The editors bring together an interdisciplinary and international group of creative researchers and theorists to examine the way the stories we tell create our identities. The contributors to this volume explore how, beginning in adolescence and young adulthood, narrative identities become the stories we live by.

Grit Angela Duckworth 2016-05-05 UNLOCK THE KEY TO SUCCESS In this must-read for anyone seeking to succeed, pioneering psychologist Angela Duckworth takes us on an eye-opening journey to discover the true qualities that lead to outstanding achievement. Winningly personal, insightful and powerful, *Grit* is a book about what goes through your head when you fall down, and how that - not talent or luck - makes all the difference. 'Impressively fresh and original' Susan Cain

George W. Bush and the Redemptive Dream Dan P. McAdams 2010-11-30 George W. Bush remains a highly controversial figure, a man for whom millions of Americans have very strong feelings. Dan McAdams' book offers an astute psychological portrait of Bush, one of the first biographies to appear since he left office as well as the first to draw systematically from personality science to analyze his life. McAdams, an international leader in personality psychology and the narrative study of lives, focuses on several key events in Bush's life, such as the death of his sister at age 7, his commitment to sobriety on his 40th birthday, and his reaction to the terrorist attacks of September 11, and his decision to invade Iraq. He sheds light on Bush's life goals, the story he constructed to make sense of his life, and the psychological dynamics that account for his behavior. Although there are many popular biographies of George W. Bush, McAdams' is the first true psychological analysis based on established theories and the latest research. Short and focused, written in an engaging style, this book offers a truly penetrating look at our forty-third president.

Tending the Heart of Virtue Vigen Guroian 2002 This study illuminates the complex ways in which fairy tales and fantasies educate the moral imagination from earliest childhood. It argues that these tales capture the meaning of morality through the struggle between good and evil.

The Redemptive Self Dan P. McAdams 2013-01-07 How do we as Americans define our identities? How do our stories represent who we are-our successes, our failures, our past, our future? Stories of redemption are some of the most powerful ways to express American identity and all that it can entail, from pain and anguish to joy and fulfillment. Psychologist Dan P. McAdams examines how these narratives, in which the hero is delivered from suffering to an enhanced status or state, represent a new psychology of American identity, and in turn, how they translate to understanding our own lives. In this revised and expanded edition of *The Redemptive Self*, McAdams shows how redemptive stories promote psychological health and civic engagement among contemporary American adults. He reveals how different kinds of redemptive stories compete for favor in American society, as presented in a dramatic case study comparing the life stories constructed by Presidents George W. Bush and Barack Obama. McAdams provides new insight on race and religion in American narratives, offers a creative blend of psychological research and historical analysis, and explains how the redemptive self is a positive psychological resource for living a worthy American life. From the spiritual testimonials of the Puritans and the celebrated autobiography of Benjamin Franklin, to the harrowing stories of escaped slaves and the modern tales in Hollywood movies, we are surrounded by transformative stories that can inform how we make sense of our American identity. But is the redemptive life story always a good thing, and can anyone achieve it? While affirming the significance of redemptive life stories, McAdams also offers a cultural critique. Through no fault of their own, many Americans cannot achieve this revered story of deliverance. Instead, their lives are rife with contaminated plots, vicious cycles of disappointment, and endless pitfalls. Moreover, there may be a negative side to these beloved stories of redemption-they demonstrate a curiously American form of arrogance, self-righteousness, and naiveté that all bad things can be transformed. In this revised and expanded edition of the his award-winning book, McAdams encourages us to critically examine our own life stories-the good, the bad, the ups, the downs-in order to inform how we can benefit from them and shape a better future American identity.

Soon Pam Durban 2015-05-01 The award-winning author's "gorgeously-crafted second collection of stories" explores moments of profound loss, discovery, and transition (Charlotte Observer). The stories in this

volume explore the myriad ways people lose, find, and hold on to one another. When all else fails her characters—science, religion, family, self—the powerful act of storytelling keeps their broken lives together. Each story in this rewarding and multifaceted collection introduces people who yearn for better lives and find themselves entangled in the hopes and dreams that heal and bind us all. The title story—chosen by John Updike for *The Best American Short Stories of the Century* anthology—follows two generations of a family driven by the “patient and brutal need that people called hope.” In “The Jap Room,” winner of the 2008 Goodheart Prize, a woman tries to help her WWII veteran husband finally come home. “Rowing to Darien” introduces a famous English actress as she rows away from her husband’s rice plantation. In “Hush” a gravely ill man encounters himself in the darkness of Kentucky’s Mammoth Cave. These and other stories deftly broach universal themes of love, loss, and the redemptive power of storytelling. Foreword by the Flannery O’Connor Prize-winning author Mary Hood

Narrative Gerontology in Research and Practice Kate De Medeiros, PhD 2013-12-19 What is meant by narrative? How can one elicit a narrative or analyze it in research? How can narrative work best be facilitated among older adults? This is the only text to provide comprehensive information about the applications of narrative approaches in community and long-term settings, writing in the virtual world, and such individual work as journaling or poetry. The book explores the theories of narratives across many disciplines, research practices and analytical strategies, and applications in work with older adults. It has been written by a prominent researcher of the narrative construction of self in old age, whose studies have been funded by the NIH, the Brookdale Foundation, and the Alzheimer’s Association, among other related achievements. The book brings together a unique blend of interdisciplinary perspectives and practices not found in other books on life stories, autobiography, and/or narrative approaches to understanding one’s experiences. Specifically, it focuses on the myriad theoretical underpinnings of narrative, provides a developmental history of narrative use in gerontology, and details various ways to use narratives in a variety of research settings. Each chapter includes step-by-step guides on who to analyze and report on, and how to write up narrative data. It also discusses ways to incorporate narratives in varied practice settings such as writing workshops in retirement communities, individual writing projects, and others. Key Features: Offers a hands on research tool that guides the reader from theory to research to practice Describes the theoretical underpinnings and practical applications of narrative with older adults Illustrates how narrative gerontology is fundamentally different in practice than narrative research with younger participants Addresses the breadth of available narrative methods and how to apply them in a research settings Designed for use in qualitative methods, service learning, and gerontological research courses.

Doing Narrative Research Molly Andrews 2013-07-22 Written by an international team of experts in the field, the second edition of this popular text considers both the theoretical underpinnings and practical applications of narrative research. The authors take the reader from initial decisions about forms of narrative research, through more complex issues of reflexivity, interpretation and the research context. Existing chapters have been updated to reflect changes in the literature and new chapters from eminent narrative scholars in Europe, Australia and the United States have been added on a variety of topics including narratives and embodiment, visual narratives, narratives and storyworlds, new media narratives and Deleuzian perspectives in narrative research. This book will be invaluable for all students, researchers and academics looking to use narrative methods in their own social research.

Encyclopedia of Personality and Individual Differences Virgil Zeigler-Hill 2017-11-30 This Encyclopedia provides a comprehensive overview of individual differences within the domain of personality, with major sub-topics including assessment and research design, taxonomy, biological factors, evolutionary evidence, motivation, cognition and emotion, as well as gender differences, cultural considerations, and personality disorders. It is an up-to-date reference for this increasingly important area and a key resource for those who study intelligence, personality, motivation, aptitude and their variations within members of a group.

Cultivating Virtue Nancy E. Snow 2014-12-01 Though virtue ethics is enjoying a resurgence, the topic of virtue cultivation has been largely neglected by philosophers. This volume remedies this gap, featuring mostly new essays, commissioned for this collection, by philosophers, theologians, and psychologists at the forefront of research into virtue. Each contribution focuses on some aspect of virtue development, either by highlighting virtue cultivation within distinctive traditions of ethical or religious thought, or by taking a developmental perspective to yield fresh insights into criticisms of virtue ethics, or by examining the science that explains virtue development. The essays by Russell and Driver investigate virtue cultivation or problems associated with it from Aristotelian and utilitarian perspectives. Slote addresses virtue development from the sentimentalist standpoint. Swanton and Cureton and Hill explore self-improvement, the former with an eye to offering solutions to critiques of virtue ethics, the latter from a Kantian ethical vantage point. Slingerland examines contemporary psychology as well as virtue development in the Confucian tradition to counter situationist criticisms of virtue ethics. Flanagan, Bucar, and Herdt examine how virtue is cultivated in the Buddhist, Islamic, and Christian traditions, respectively. Narvaez, Thompson, and McAdams offer descriptive insights from psychology into virtue development. The result is a collection of extremely creative essays that not only fills the current gap but also promises to stimulate new work on a philosophically neglected yet vital topic.

The Story of Sexual Identity Phillip L. Hammack 2009-03-06 This book assembles a diverse group of scholars working within a new, pathbreaking paradigm of sexual science, fusing perspectives from history, sociology, and psychology. The contributors are united in their commitment to the idea of “narrative” as central to the study of sexual identity, offering an analytic approach to social science inquiry on sexual identity that restores the voices of sexual subjects. The result is a rich examination of lives in context, with an eye toward multiplicity and meaning across the life course. Central to the chapters in this volume is the significance of history, generation, and narrative in the provision of a workable and meaningful configuration of identity.

Invisible Kingdom, the (export Edition) Meghan O’Rourke 2022-03 A landmark exploration of one of the most consequential and mysterious issues of our time- the rise of chronic illness and autoimmune diseases A silent epidemic of chronic illnesses afflicts tens of millions of Americans- these are diseases that are poorly understood, frequently marginalized, and can go undiagnosed and unrecognized altogether.

Renowned writer Meghan O’Rourke delivers a revelatory investigation into this elusive category of “invisible” illness that encompasses autoimmune diseases, post-treatment Lyme disease syndrome, and now long COVID synthesizing the personal and the universal to help all of us through this new frontier. Drawing on her own medical experiences as well as a decade of interviews with doctors, patients, researchers, and public health experts, O’Rourke traces the history of Western definitions of illness, and reveals how inherited ideas of cause, diagnosis, and treatment have led us to ignore a host of hard-to-understand medical conditions, ones that resist easy description or simple cures. And as America faces this health crisis of extraordinary proportions, the populations most likely to be neglected by our institutions include women, the working class, and people of color. Blending lyricism and erudition, candor and empathy, O’Rourke brings together her deep and disparate talents and roles as critic, journalist, poet, teacher, and patient, synthesizing the personal and universal into one monumental project arguing for a seismic shift in our approach to disease. The *Invisible Kingdom* offers hope for the sick, solace and insight for their loved ones, and a radical new understanding of our bodies and our health.

The Strange Case of Donald J. Trump Dan P. McAdams 2020 “The Strange Case of Donald J. Trump provides a coherent and nuanced psychological portrait of the 45th president of the United States. Drawing on biographical events in Trump’s life and on contemporary research and theory in personality, social, and developmental psychology, the book explores the personality traits and psychological dynamics that have shaped Trump’s life, with an emphasis on the strangeness of the case - how Trump again and again defies psychological expectations regarding what it means to be a human being. The book’s central thesis is that Donald Trump is the episodic man. He lives in the moment, outside of time, without an internal story to connect the discrete scenes in his life. As such, Trump perceives himself to be more like a superhero or a primal force, supernatural and timeless, rather than a flesh-and-blood human being with an inner life, a remembered past, and an imagined future. Trump’s psychological status as the episodic man

helps us understand both Trump's appeal (in the minds of millions) and his failings. The book's interpretation of Trump sheds new light on Trump's charisma, his deal making, his volatile temperament, his approach to personal relationships, his narcissism, and his emergence as a new kind of authoritarian leader in American history."--

Cultural-Existential Psychology Daniel Sullivan 2016-04-06 Bridging cultural and experimental existential psychology, this book offers a synthetic understanding of how culture shapes psychological threat. **Stories We've Heard, Stories We've Told Jeffrey Kottler 2014-09-26** This is a book that integrates what is known from a wide variety of disciplines about the nature of storytelling and how it influences and transforms people's lives. Drawing on material from the humanities, sociology, anthropology, neurophysiology, media and communication studies, narrative inquiry, indigenous healing traditions, as well as education, counseling, and therapy, the book explores the ways that therapists operate as professional storytellers. In addition, our job is to hold and honor the stories of our clients, helping them to reshape them in more constructive ways. The book itself is written as a story, utilizing engaging prose, research, photographs, and powerful anecdotes to draw readers into the intriguing dynamics and processes involved in therapeutic storytelling. It sets the stage for what follows by discussing the ways that stories have influenced history, cultural development, and individual worldviews and then delves into the ways that everyday lives are impacted by the stories we hear, read, and view in popular media. The focus then moves to stories within the context of therapy, exploring how client stories are told, heard, and negotiated in sessions. Attention then moves to the ways that therapists can become more skilled and accomplished storytellers, regardless of their theoretical preferences and style.

Personality Psychology Jim McMartin 2016-01-29 Personality Psychology: A Student-Centered Approach organizes the field of personality psychology around basic questions relevant to the reader's past, present, and future selves. Answers to the questions are based on findings from up-to-date research and shed light on the validity of personality theories to help students deepen their understanding of their own personalities. Concise, conversational, and easy-to-understand, the Second Edition is enhanced with new chapters, new research that reflects the latest scholarship, and new photos and illustrations throughout. **In the Course of a Lifetime Michele Dillon 2007-03-20** In the Course of a Lifetime provides an unprecedented portrait of the dynamic role religion plays in the everyday experiences of Americans over the course of their lives. The book draws from a unique sixty-year-long study of close to two hundred mostly Protestant and Catholic men and women who were born in the 1920s and interviewed in adolescence, and again in the 1950s, 1970s, 1980s, and late 1990s. Woven throughout with rich, intimate life stories, the book presents and analyzes a wide range of data from this study on the participants' religious and spiritual journeys. A testament to the vibrancy of religion in the United States, In the Course of a Lifetime provides an illuminating and sometimes surprising perspective on how individual lives have intersected with cultural change throughout the decades of the twentieth century.

Between the World and Me Ta-Nehisi Coates 2015-07-14 #1 NEW YORK TIMES BESTSELLER • NATIONAL BOOK AWARD WINNER • NAMED ONE OF TIME'S TEN BEST NONFICTION BOOKS OF THE DECADE • PULITZER PRIZE FINALIST • NATIONAL BOOK CRITICS CIRCLE AWARD FINALIST • ONE OF OPRAH'S "BOOKS THAT HELP ME THROUGH" • NOW AN HBO ORIGINAL SPECIAL EVENT Hailed by Toni Morrison as "required reading," a bold and personal literary exploration of America's racial history by "the most important essayist in a generation and a writer who changed the national political conversation about race" (Rolling Stone) NAMED ONE OF THE MOST INFLUENTIAL BOOKS OF THE DECADE BY CNN • NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY The New York Times Book Review • O: The Oprah Magazine • The Washington Post • People • Entertainment Weekly • Vogue • Los Angeles Times • San Francisco Chronicle • Chicago Tribune • New York • Newsday • Library Journal • Publishers Weekly In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis. Americans have built an empire on the idea of "race," a falsehood that damages us all but falls most heavily on the bodies of black women and men—bodies exploited through slavery and segregation, and, today, threatened, locked up, and murdered out of all proportion. What is it like to inhabit a black body and find a way to live within it? And how can we all honestly reckon with this fraught history and free ourselves from its burden? Between the World and Me is Ta-Nehisi Coates's attempt to answer these questions in a letter to his adolescent son. Coates shares with his son—and readers—the story of his awakening to the truth about his place in the world through a series of revelatory experiences, from Howard University to Civil War battlefields, from the South Side of Chicago to Paris, from his childhood home to the living rooms of mothers whose children's lives were taken as American plunder. Beautifully woven from personal narrative, reimagined history, and fresh, emotionally charged reportage, Between the World and Me clearly illuminates the past, bravely confronts our present, and offers a transcendent vision for a way forward.

Proverbs of Ashes Rita Nakashima Brock 2015-06-23 Rebecca Parker was a young minister in Seattle when a woman walked into her church and asked if God really wanted her to accept her husband's beatings and bear them gladly, as Jesus bore the cross. Parker knew, at that moment, that if she were to answer the woman's question truthfully she would have to rethink her theology. And she would have to think hard about some of the choices she was making in her own life. When Rita Nakashima Brock was a young child growing up in Kansas, kids taunted her viciously, calling her names like "Chink" or "Jap." She learned to pretend that she did not feel the sting of scorn and the humiliation of contempt. The solitude and silence of her suffering—decreed by both her mother's Japanese culture and her father's Christian heritage—kept the wound alive. It was the gap between knowledge born of personal experience and traditional theology that led Rita Brock and Rebecca Parker to write this emotionally gripping and intellectually rich exploration of the doctrine of the atonement. Using an unusual combination of memoir and theology in the tradition of Augustine's Confessions, they lament the inadequacy of how Christian tradition has interpreted the violence that happened to Jesus. Ultimately, they argue, the idea that the death of Jesus on the cross saves us reveals a sanctioning of violence at the heart of Christianity. Brock and Parker draw on a wide array of intimate stories about family violence, the sexual abuse of children, racism, homophobia, and war to reveal how they came to understand the widespread damage being done by this theology. But the authors also undertake their own arduous and unexpected journeys to recover from violence and to assist others to do so. On these journeys they discover communities that begin to give them the strength to question the destructive ideas they have internalized, and the strength to seek out an alternative vision of Christianity, one based on healing and love. Proverbs of Ashes is both a condemnation of bad theology and a passionate search for what truly saves us. From the Trade Paperback edition.

The Strange Case of Donald J. Trump Dan P. McAdams 2020-02-17 The Strange Case of Donald J. Trump provides a coherent and nuanced psychological portrait of Donald Trump, drawing upon biographical events in the subject's life and contemporary scientific research and theory in personality, developmental, and social psychology. Dan P. McAdams, renowned psychologist who pioneered the study of lives, examines the central personality traits, personal values and motives, and the interpersonal and cultural factors that together have shaped Trump's psychological makeup, with an emphasis on the strangeness of the case—that is, how Trump again and again defies psychological expectations regarding what it means to be a human being. The book's central thesis is that Donald Trump is the episodic man. The chapters, structured as stand-alone essays each riffing on a single psychological theme, build on each other to present a portrait of a person who compulsively lives in the moment, without an internal story to integrate his life in time. With an emphasis on scientific personality research, rather than political rhetoric, McAdams shows that Trump's utter lack of an inner life story is truly exceptional. This book is a remarkable case study which should be of as much interest to psychologists as it is to readers trying to reckon with the often confounding behavior and temperament of the 45th President of the United States.

Darwin's Bridge Joseph Carroll 2016 Darwin's Bridge: Uniting the Humanities and Sciences explores the meaning of consilience and considers the unity of human evolution, human nature, social dynamics, art, and narrative. The term "consilience" in its modern usage was first established by co-editor Edward O. Wilson in his 1998 book, Consilience: The Unity of Knowledge. Wilson's original thesis had two parts: that

nature forms a unitary order of causal forces, hierarchically organized, and that scientific knowledge, because it delineates nature, also forms a unitary order, providing a unity of knowledge across a variety of fields. Bringing together cutting-edge scientists and scholars across this range, this volume gives an expert account of consilience and makes it possible to see how far we have come toward unifying knowledge about the human species, what major issues are still in contention, and which areas of research are most likely to produce further progress. The essays in Darwin's Bridge raise and give substantial answers to questions such as: What is the precise trajectory of human evolution? What were the main factors driving the evolution of the human brain and human motivational system? How closely does life among contemporary hunter-gatherers mirror conditions of ancestral life? In what ways have genes and culture co-evolved, reciprocally influencing one another? How does selection at the level of individuals interact with selection among groups? How complete and adequate are our current models of human nature? How well do these models integrate ideas about human universals, individual identity, and specific cultures? How well can we now delineate the causal chains leading from elementary principles of evolutionary biology to specifically human forms of social organization, individual identity, and imaginative culture? Are human proclivities to make and consume works of art by-products of adaptations, or are they themselves adaptations? Can evolutionary thinking guide us in giving close analytic and explanatory attention to individual works of art?

Lovebound Regina Moody 2013-04 Just for a moment imagine yourself the spouse or even the parent of someone in prison. What images come to your mind? In her story, the author challenges us to think outside of our own mindsets. Through the writer's eyes you will see glimpses of what it is really like from the outside looking in. It is her hope that as you read you will not only recognize things that have "imprisoned" you but that you will be set free from those things. Isaiah 61:1 The Spirit of the Lord is upon me because the Lord hath anointed me to preach good tidings unto the meek; he hath sent me to bind up the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to them that are bound... ----- Regina Moody currently lives in Kinston, Alabama. She and Mickey have been married for 19 years. They have one son (Braxton Lee Moody). She is employed full time as a nurse. She and her family attend New Life Worship Center in Samson, Alabama. In recent years, she has served on many Kairo's outside teams. (An international ministry designed to help women who have loved ones incarcerated). Presently she helps with a local jail ministry.

Handbook of Personality Development Dan P. McAdams 2019-01-18 Bringing together prominent scholars, this authoritative volume considers the development of personality at multiple levels--from the neuroscience of dispositional traits to the cultural shaping of life stories. Illustrated with case studies and concrete examples, the Handbook integrates areas of research that have often remained disparate. It offers a lifespan perspective on the many factors that influence each individual's psychological makeup and examines the interface of personality development with health, psychopathology, relationships, and the family. Contributors provide broad-based, up-to-date reviews of theories, empirical findings, methodological innovations, and emerging trends. See also the authored volume The Art and Science of Personality Development, by Dan P. McAdams.

Moral, Believing Animals Christian Smith 2009-08-01 What kind of animals are human beings? And how do our visions of the human shape our theories of social action and institutions? In Moral, Believing Animals, Christian Smith advances a creative theory of human persons and culture that offers innovative, challenging answers to these and other fundamental questions in sociological, cultural, and religious theory. Smith suggests that human beings have a peculiar set of capacities and proclivities that distinguishes them significantly from other animals on this planet. Despite the vast differences in humanity between cultures and across history, no matter how differently people narrate their lives and histories, there remains an underlying structure of human personhood that helps to order human culture, history, and narration. Drawing on important recent insights in moral philosophy, epistemology, and narrative studies, Smith argues that humans are animals who have an inescapable moral and spiritual dimension. They cannot avoid a fundamental moral orientation in life and this, says Smith, has profound consequences for how sociology must study human beings.

The Power of Meaning Emily Esfahani Smith 2017-01-12 'Life-transforming' Susan Cain, author of Quiet Searching for happiness is overrated, learn to find meaning instead There is a persistent myth in our culture that in order to lead a fulfilling life we must pursue happiness at all times. In her groundbreaking work, Emily Esfahani Smith explains that it is actually the search for meaning that will bring fulfillment. She argues that meaning is all around us in vast untapped resources, and that the key is finding it in the right here, right now. Her inspiring TED Talk on the same topic has been viewed over a million times. To explore how we can change our lives for the better, she draws on the latest research in psychology, sociology, philosophy and neuroscience, as well as insights from figures in literature and history such as George Eliot, Viktor Frankl, Aristotle and the Buddha. She shows us how cultivating connections to others, identifying and working toward a purpose, telling stories about our place in the world, and seeking out mystery, can immeasurably deepen our lives. To do this she visits remarkable people and places, such as a tight-knit fishing village in the Chesapeake Bay, a dinner where young people gather to share their experiences of profound loss, and a drug kingpin who finds his purpose in helping people get fit. She explores how we might begin to build a culture that leaves space for introspection and awe, cultivates a sense of community, and imbues our lives with meaning.

The Redemptive Self Dan P. McAdams 2006

Culturally Sensitive Narrative Interventions for Immigrant Children and Adolescents Giselle B. Esquivel 2010 "In this informative and charming book, the authors demonstrate the power of narrative to address tough personal and cultural issues that immigrant children and adolescents face today. They show how storytelling---from poetry to puppetry---can bring young people together within a culture while opening them up to the complex, multicultural world that is contemporary America. Written with erudition and passion, this book is a wonderful resource for teachers, counselors, school psychologists, and others who want to make a positive difference in the lives and the life stories of immigrant youth."---Dan P. McAdams, author of The Redemptive Self: Stories Americans Live By --

The Redemptive Self Dan P. McAdams 2013-02-14 In this revised and expanded edition of The Redemptive Self, McAdams shows how redemptive stories promote psychological health and civic engagement among contemporary American adults.

Power, Intimacy, and the Life Story Dan P. McAdams 1988-01-01 Who am I? And how do I fit into the world? These are the questions individuals ask themselves to make sense of their lives. Power, Intimacy and the Life Story addresses the human quest for identity. The author reinterprets some of the classic writings in psychology as he shows how each of us constructs a life story in order to meet the identity challenge and create a sense of unity and purpose in our lives. Written for the social scientist, practicing clinician, educated layperson, and student, this compelling study describes how we construct stories that are organized by the two general life themes of power and intimacy. Using the results of questionnaires and interviews with both college students and older adults, the author illustrates an innovative way of understanding human lives in literary terms.

Semantics and Psychology of Spirituality Heinz Streib 2015-10-16 This book examines what people mean when they say they are "spiritual". It looks at the semantics of "spirituality", the visibility of reasons for "spiritual" preference in biographies, in psychological dispositions, in cultural differences between Germany and the US, and in gender differences. It also examines the kind of biographical consequences that are associated with "spirituality". The book reports the results of an online-questionnaire filled out by 773 respondents in Germany and 1113 in the US, personal interviews with a selected group of more than 100 persons, and an experiment. Based on the data collected, it reports results that are relevant for a number of scientific and practical disciplines. It makes a contribution to the semantics of everyday religious language and to the cross-cultural study of religion and to many related fields as well, because "spirituality" is evaluated in relation to personality, mysticism, well-being, religious styles, generativity, attachment,

biography and atheism. The book draws attention to the – new and ever changing – ways in which people give names to their ultimate concern and symbolize their experiences of transcendence.

The Art and Science of Personality Development Dan P. McAdams 2016-10-26 Drawing on state-of-the-art personality and developmental research, this book presents a new and broadly integrative theory of how people come to be who they are over the life course. Preeminent researcher Dan P. McAdams traces the development of three distinct layers of personality--the social actor who expresses emotional and behavioral traits, the motivated agent who pursues goals and values, and the autobiographical author who constructs a personal story. Highly readable and accessible to scholars and students at all levels, the book uses rich portraits of the lives of famous people to illustrate theoretical concepts and empirical findings.

The Oxford Handbook of Identity Development Kate C. McLean 2015 The Oxford Handbook of Identity Development represents a turning point in the field of identity development research. Various, and disparate, groups of researchers are brought together to debate, extend, and apply Erikson's theory to contemporary problems and empirical issues.

12 Rules for Life Jordan B. Peterson 2018-01-23 #1 NATIONAL BESTSELLER #1 INTERNATIONAL BESTSELLER What does everyone in the modern world need to know? Renowned psychologist Jordan B. Peterson's answer to this most difficult of questions uniquely combines the hard-won truths of ancient tradition with the stunning revelations of cutting-edge scientific research. Humorous, surprising and informative, Dr. Peterson tells us why skateboarding boys and girls must be left alone, what terrible fate awaits those who criticize too easily, and why you should always pet a cat when you meet one on the street. What does the nervous system of the lowly lobster have to tell us about standing up straight (with our shoulders back) and about success in life? Why did ancient Egyptians worship the capacity to pay careful attention as the highest of gods? What dreadful paths do people tread when they become resentful, arrogant and vengeful? Dr. Peterson journeys broadly, discussing discipline, freedom, adventure and responsibility, distilling the world's wisdom into 12 practical and profound rules for life. 12 Rules for Life shatters the modern commonplaces of science, faith and human nature, while transforming and ennobling the mind and spirit of its readers.

Narrative Development in Adolescence Kate C. McLean 2009-11-11 Monisha Pasupathi and Kate C. McLean Where Have You Been, Where Are You Going? Narrative Identity in Adolescence How can we help youth move from childhood to adulthood in the most effective and positive way possible? This is a question that parents, educators, researchers, and policy makers engage with every day. In this book, we explore the potential power of the stories that youth construct as one route for such movement. Our emphasis is on how those stories serve to build a sense of identity for youth and how the kinds of stories youth tell are informed by their broader contexts – from parents and friends to nationalities and history. Identity development, and in particular narrative identity development, concerns the ways in which adolescents must integrate their past and present and articulate and anticipate their futures (Erikson, 1968). Viewed in this way, identity development is not only unique to adolescence (and emergent adulthood), but also intimately linked to childhood and to adulthood. The title for this chapter, borrowed from the Joyce Carol Oates story, highlights the precarious position of adolescence in relation to the construction of identity. In this story, the protagonist, poised between childhood and adulthood, navigates a series of encounters with relatively little awareness of either her childhood past or her potential adult futures. Her choices are risky and her future, at the end, looks dark.

Leading Lives that Matter Mark R. Schwehn 2006 "Leading Lives That Matter" draws together a wide range of texts -- including fiction, autobiography, and philosophy -- offering challenge and insight to those who are thinking about what to do with their lives. Instead of giving prescriptive advice, Mark Schwehn and Dorothy Bass approach the subject of vocation as an ongoing conversation. They include in this conversation some of the Western tradition's best writings on human life -- its meaning, purpose, and significance -- ranging from ancient Greek poetry to contemporary fiction. Including Leo Tolstoy's novella "The Death of Ivan Ilych" as an extended epilogue, this volume will help readers clarify and deepen how they think about their own lives.

The Stories We Live by Dan P. McAdams 1993 A psychologist outlines his theory of human identity, arguing that the shaping of one's personality is the result of a process of creating one's self through personal myths

Everyman News Michele Weldon 2008 "Examines how newspapers have changed over the past few years, becoming story papers. Comparing 850 stories, story approaches, and unofficial sourcing in twenty American newspapers from 2001 and 2004, Weldon reveals a shift toward features over hard news, along with an increase in anecdotal or humanistic approaches to all stories"--Provided by publisher.

The Leader Charles B. Strozier 2011-05-24 Behind every leader is an instructive life story. It often promotes a public image that inspires others to live by it. And, sometimes, even to live or to die for it. As leadership qualities and image issues gain significance in the public discourse, the psychological study of leadership is a critical factor in any discussion. With its trenchant insights into leaders past and present, The Leader: Psychological Essays, Second Edition, updates a pioneering text in this field and provides a solid basis for ongoing dialogue on this important subject. Within the context of the ever-evolving disciplines of psychoanalysis and psychodynamics, this thought-provoking volume examines the lives of several prominent leaders from ancient Greece through the start of the 21st century. The authors explore how these leaders imposed their individual missions and mystiques on others, thereby fulfilling – and, sometimes, creating – distinct needs in their followers. The volume brings into vivid focus issues with the potential for devastating consequences on the global stage. Coverage includes: Biblical times, ancient Greeks and the seeds of leadership. Lincoln during the 1850s, leading a dividing nation. Thomas A. Kohut on Kaiser Wilhelm II and the German national character. George W. Bush, atonement/redemption narratives and the American Dream. Bin Laden, man and myth. A study of paranoid leadership and its implications for future politics and policy. This must-have Second Edition is indispensable reading for researchers, professors, and graduate students across many disciplines, including political psychology, psychoanalysis, history and political science, psychiatry, anthropology, and personality and social psychology. It is important reading for anyone with an interest in the life stories of leaders past and present and how they affect our world even long after they are gone